



TIME	CLASS	INSTRUCTOR / STUDIO
BAC		
9:30 - 10:30 am	Vinyasa Flow Yoga	Kathy P. 3
10:00 - 11:00 am	BODYPUMP	Michaela M. 2
10:30 - 11:30 am	Ballet Burn	Mindy G. 1

TIME	CLASS	INSTRUCTOR / STUDIO
EAC		
10:00 - 11:00 am	Total Body Training	Katy A. 4
10:00 - 11:00 am	Aqua TBT	Robin G. P
10:30 - 11:30 am	Zumba	Rhonda S. G
11:30 - 12:30 pm	Yoga (Multi-Level)	Jancy J. 2

TIME	CLASS	INSTRUCTOR / STUDIO
LPAC		
9:30 - 10:20 am	HIT Cycle	Peter M. C
10:00 - 11:00 am	Pilates Mat	Emma K. 1
10:30 - 11:30 am	BURN	Peter M. C
12:00 - 1:00 pm	Yoga (Multi-Level)	Mary H. 1

TIME	CLASS	INSTRUCTOR / STUDIO
LSAC		
9:30 - 10:20 am	HIT Cycle	Jennifer T. C
10:30 - 11:30 pm	BODYPUMP	Jennifer T. 1
12:00 - 1:30 pm	Vinyasa Flow Yoga	Erica M. 2

TIME	CLASS	INSTRUCTOR / STUDIO
LVAC		
9:30 - 10:30 am	Hatha Yoga	Lauren T. 4
9:45 - 10:45 am	Zumba	Austin M. 2
10:00 - 10:50 am	HIT Cycle	Amy S. C
11:00 - 12:00 am	BODYPUMP	Amy S. 2

TIME	CLASS	INSTRUCTOR / STUDIO
WAC		
10:00 - 10:50 am	HIT Cycle	Stacey H. C
11:00 - 12:00 pm	Total Body Training	Stacey H. 1
12:30 - 1:30 pm	Vinyasa Flow Yoga	Selima H. 2

TIME	CLASS	INSTRUCTOR / STUDIO
WPAC		
9:30 - 10:30 am	Vinyasa Flow Yoga	Samantha G. 2
10:00 - 11:00 am	BODYPUMP	Sharon T. 1
11:30 - 12:30 pm	Yoga Sculpt	Laura D. 2

